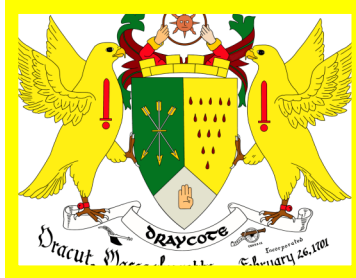


RECREATION DEPARTMENT

FALL 2023 ACTIVITIES



Please note that this brochure is current as of 8/30/23. Additions and edits will be posted periodically and noted here by date and font color.



PHOTOS: VETERAN'S MEMORIAL PARK, DRACUT MA



DRACUT RECREATION

FALL 2023

Recreation Department
62 Arlington Street
Dracut, MA 01826
978-458-4478

Office Hours:
M, W, Th: 8:30AM-4:30PM
T: 8:30AM-7:00PM
F: 8:30A-1:00PM

REGISTRATION

ONLINE 24/7:

<https://dracutma.myrec.com/>

*Please use waiting list if programs are full.
We will do our best to accommodate WL
entries.*

Recreation Staff:

Amy Hamilton, Director
Jessica Arseneaux, Admin.

Recreation Commission:

Michael Parent, Chairman
Andy Albano
Steve Berggren
Stephen Gomes
Jason Graham
Denis Kenedy
Keith Landers
George Malonis
Steve Talbot

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WACHUSETT SKI & SNOWBOARD

High School and Middle School Students



GRADES 6—12

This Saturday night program is open to Dracut Middle and High School students. It is a **six-week program** (*daily registrations will not be accepted, nor will substitution of participants*).

Begins Jan. 6 and runs 6 weeks (sessions missed due to weather will be made up at the end). *The program will not be held during school vacation week.*

The bus will leave Richardson MS parking lot at 4:00PM and return at 10:30 p.m.

HELMETS ARE REQUIRED.

Program Costs:

Transportation Fee: \$140 (payable to Dracut Recreation). Register now: dracutma.myrec.com

Once registered for Transportation through Dracut Recreation, you will receive our group code and information how to register for lift, rentals and lessons through Wachusett online.

Lift Ticket Fee: \$179 (register for 6-week lift ticket online with Wachusett; **deadline Dec. 1**)

Rentals (optional): \$109 for skis or snowboard; helmets \$27 (register for rentals online with Wachusett)

Lessons (optional): \$93 (register for lessons online with Wachusett)

WWW.WACHUSETT.COM

***Chaperones needed! Please contact Dracut Recreation if you are available to assist!
Thank you.***

BRADFORD FAMILY SKI & RIDE



DRACUT RECREATION SKIING & SNOWBOARDING AT BRADFORD 2024 Saturdays, 5:00PM—9:00PM

REGISTER/PURCHASE TICKETS:
Online registration: October 20 -December 15

Tickets will be available for pickup at the Recreation Office by Nov. 12.

4 Week Lift Only: \$136
4 Week Lift and Lessons: \$224

Tickets are non-refundable, no exceptions.

***Price does not include the cost of rental equipment or helmet.

Bradford offers rental equipment at a discounted rate for this program. We recommend that you purchase your own helmet. You must be a Dracut resident to participate in the program, proof of residency will be required. Lift tickets are available to all residents in Kindergarten and older. Lessons are available for students only, K-12.

2024 Schedule:

January 6, 2024
January 13, 2024
January 20, 2024
January 27, 2024

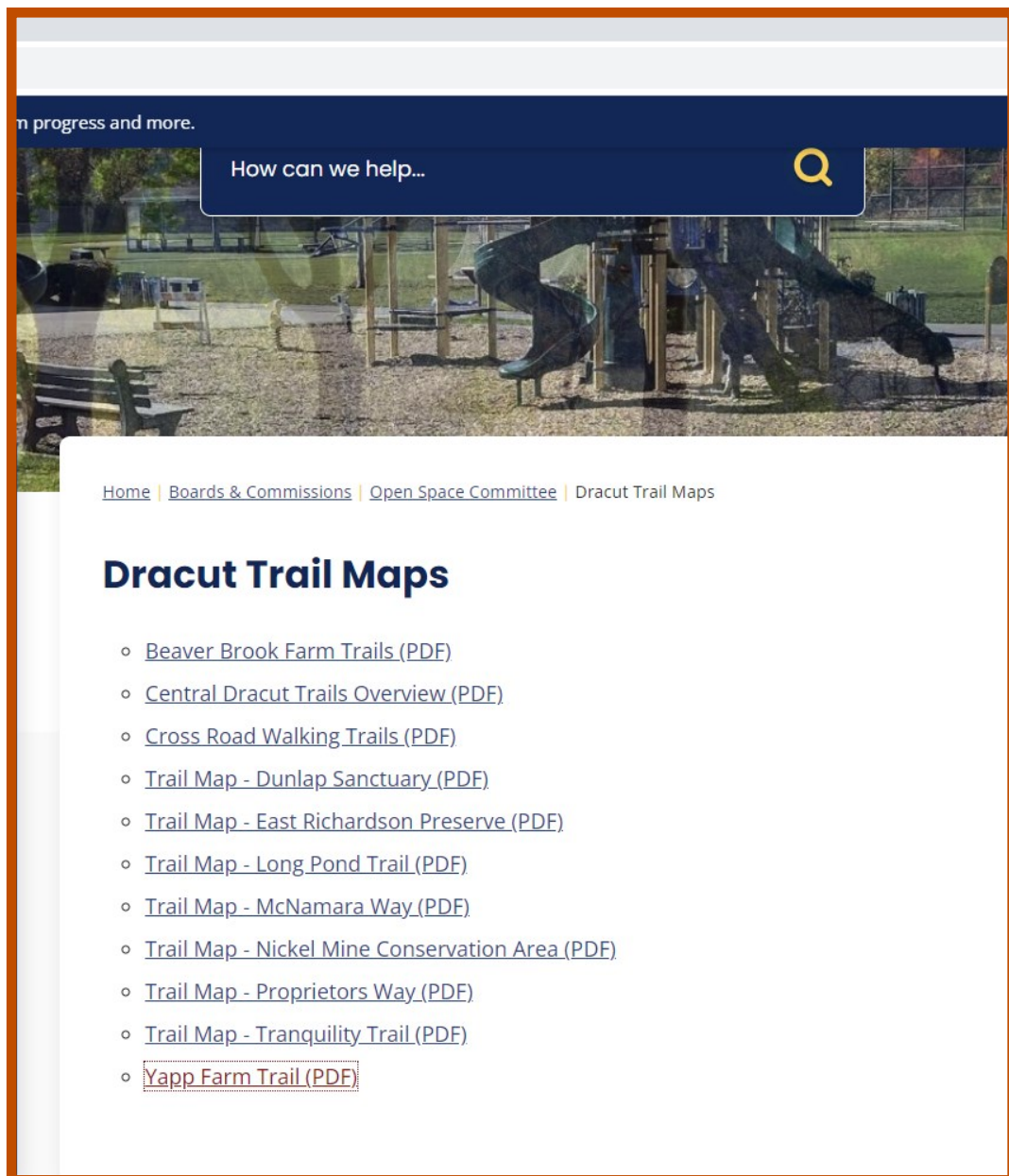
DRACUT TRAILS

DRACUT TRAIL MAPS

The Conservation Commission has posted trail maps to help visitors prepare for and enjoy the town's valuable trail resources. They include information such as distances, attractions, popular uses such as bird watching or walking.

Link to Trail Maps:

<https://www.dracutma.gov/515/Dracut-Trail-Maps>



LIBRARY FUN!

These programs take place at the Parker Memorial Library



CHESS CLUB

Ages 8+, all levels welcome!

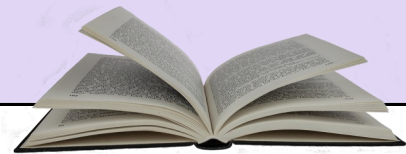
Second Wednesday of the month, 6:00PM —7:00PM.

Interested in chess? Looking to improve your skills through playing and to meet new people? Join us at the library for chess club! Chess sets will be provided, but participants are encouraged also to bring their own.

AUTHOR TALK

Wednesday, Sept. 20 7:00PM—8:00PM

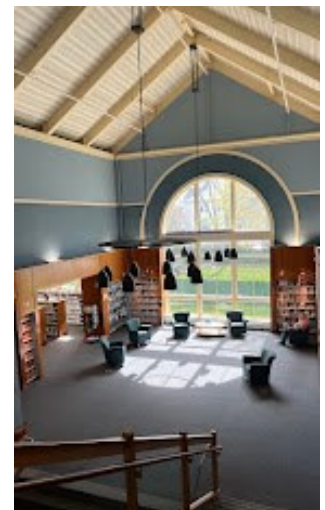
Join author William Landay for a discussion of his newest book, *All That Is Mine, I Carry With Me*, a suspenseful novel about family secrets and family love, loyalty, and vengeance. Landay is also the author of *Defencing Jacob* (2015 Dracut Reads title), *The Strangler*, and *Mission Flats*. Copies of Landay's titles will be available for purchase to be signed following the talk, courtesy of LaLa Books.



100TH BIRTHDAY PARTY FOR THE LIBRARY

Saturday, Nov. 4 Time: TBD

The Parker Memorial Library is 100 years old in 2023! Stop by the library for birthday cake, a book sale, and a raffle. Many varieties of cakes, cupcakes, cookies and pie will be available, some allergy-free, so all can enjoy!



COA

ACTIVITIES FOR ALL!



WALKING GROUPS

The Dracut Senior Center has two Weekly Walking Groups every Tuesday at 10AM. One group meets at the COA and walks the neighborhood nearby. The other group meets at Veterans Park and walks the perimeter of the park. All are welcome, no age restrictions or requirements. No cost. Walking shoes, weather-appropriate clothing, sunscreen, and water are suggested. Please call 978-957-2611 for

ENERGETICS

Offered at the Dracut Senior Center in partnership with the Greater Lowell YMCA. An upbeat class with a mix of cardio and strength training. Class meets Tuesdays & Thursdays at 10:15AM. Drop in participation or registration. \$3.00 per class.

LINE DANCING

Offered at the Dracut Senior Center. No experience needed. Wednesdays 9:30AM. All are welcome. \$3.00 per class

ENHANCE FITNESS

A 16-week program beginning 9/18/23 for its Fall Season. Cardiovascular and strength training that also incorporates gentle stretching. Class is offered in partnership with the Greater Lowell YMCA. Class meets M, W, F at 2PM. Pre-registration is required. Fee is \$160 and is often reimbursement eligible through many insurance companies.

CPR & FIRST AID FOR ADULTS

FIRST AID & CPR FOR ADULTS

Instructor: Kierstin Pane

Thursday, October 12

6:00PM—9:00PM

Location: Harmony Hall

Heartsaver First Aid CPR AED, Including Child and Infant Lessons

This American Heart Association Heartsaver First Aid CPR AED course trains participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. Participants should expect to learn about adult and child CPR and AED use, infant CPR, first aid basics including choking, medical emergencies, injury emergencies, environmental emergencies, preventing illness and injury, and opioid-associated life-threatening emergencies. This intensive three-hour course is for anyone with little or no medical training. At the end of the course, participants will be emailed a course completion card, valid for two years.

Ages: 16+

Fall Date & Time: Thursday, 10/12 from 6-9pm

Min Participant: 4

Max Participants: 12

Fee: \$99



ADULT ARCHERY & GOLF



ARCHERY for Adults Instructor: On The Mark Archery

Release stress with arrows! Relax and unwind after a long day with a low-impact fitness course like Archery. This unique Olympic sport is one of the fastest growing across America and it's easy to learn, but difficult to master. The thrill of shooting a bow is unlike any other body mind experience; it involves form elements and strategy similar to golf, yoga, martial arts and even chess!

Classes led by certified USA archery instructors. All equipment provided.

Age 16+ (class size min 14/max 24) Class held at Dracut Field TBD.
Fridays, 5:00-6:00pm, 9/22-10/13 (4 wks) Fee: \$156

BARRIE BRUCE GOLF SCHOOL

Classes held at Country Club of Billerica, 51 Baldwin Rd. Billerica

2023 INTRODUCTION TO GOLF Designed for the new-to-the-game golfer with no (or very little) golf experience. The basics of golf are taught in a stress-free clinic setting.

The program consists of five (5) one-hour lessons, spaced one week apart to enable participants to practice in between.

Equipment/practice balls provided if needed. Wear sneakers or golf shoes. Age 15+
Fee: \$199

Fall Program Options:

Saturdays, 11:30am, starts 9/9 Class Code: BS

Sundays, 11:30am, starts 9/10 Class Code: BT

Tuesdays, 5:30pm, starts 9/5 Class Code: BU

Thursdays, 5:30pm, starts 9/7 Class Code: BV

If you have to miss a class, please give the instructor 24 hour notice; there will be limited opportunity to make up a missed class.

978-670-5396.

www.barriebrucegolfschools.com

info@barriebrucegolfschools.com

51 Baldwin Road, Billerica MA 01821



YOUTH ARCHERY

Archery for Kids (Grades 4+)

Instructor: On The Mark Archery

Join On the Mark Archery to learn form and technique of the martial art of archery using beautiful wooden recurve bows. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program.

Classes led by certified USA archery instructors. All equipment provided.

Minimum age Grade 4 (class size min 14/max 24) Classes to be held at Dracut Fields TBD.
Fridays, 5:00-6:00pm, 9/22-10/13 (4 wks) Fee: \$156





fall INTO SPORTS



SAVE UP TO \$25

With *EXCLUSIVE* code: "DracutRec"
Expires 9/8/23

FALL 2023 Season Sign-Ups Now Open for:

- * Veteran's Memorial Park
- * Dracut, MA

- Organized programs for boys and girls ages 3-14.
- Flag Football, Soccer, & T-ball/Baseball!
- Age appropriate instruction for each division.
- Coaches background checked and certified.
- All skill levels welcome. No tryouts!
- One day per week! Practice held before game.
- No additional fundraising - EVER!

The Way Youth Sports Should Be®

TO REGISTER:

Visit i9sports.com or call (978) 623-4654

Final Deadline: 9/8/23 Fall Season Starts: 9/9/23



i9sportsIS476



i9sports476

BASKETBALL

RECREATION LEAGUE

2023 Girls' Winter Recreation Basketball

Registration begins October 2, 2023 and ends Nov. 3, 2023.

Recreation League Basketball will begin the first week of December with games and practices held at various school gyms in Dracut.

Clinic League, Grades 1-2 (Saturday morning at 9:00 or 10:00) \$100

Junior League, Grades 3-4 (one nigher per week, days vary M-Th, 6:00P) \$100

Senior League, Grades 5-8 (one night per week, days vary M-Th, 7:00P) \$100

2023 Boys' Winter Recreation Basketball

2024 Boys Winter Recreation Basketball

Registration begins September 4, 2023 and closes October 13, 2023.

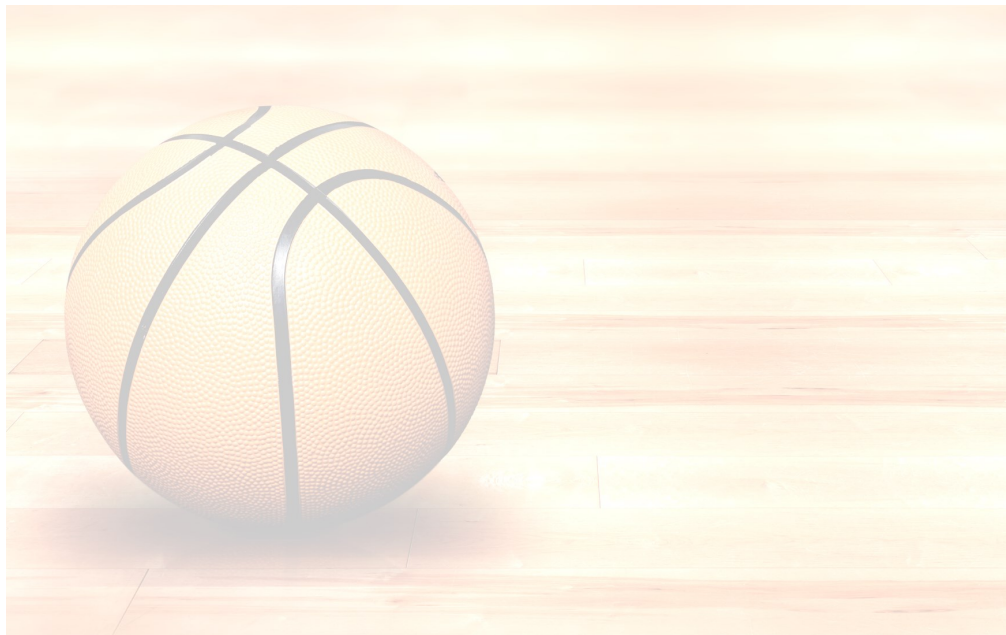
Recreation League Basketball will begin the first week of December with games and practices held at various school gyms in Dracut.

Clinic League, Grades 1-4: \$100.00

The clinic league is divided into two levels. Grades 1,2 and grades 3,4.

Junior League, Grades 5-6 \$100.00

Senior League, Grades 7-8 \$100.00



Hammar's Studio offers a number of classes at a discounted rate through the Dracut Recreation Department as a collaborative initiative.

We know that you will enjoy these creative experiences!



Junior Chefs Culinary Class

6 Openings Remaining! Begins Monday, Sept 25th

Let's cook! Our Jr Chef's culinary classes are the perfect concoction of culinary curiosity, creative menu choices, and hands-on lessons; all led & directed by experienced Chefs who are passionate to cook alongside kids! Your child will gain confidence in the kitchen--and beyond! Each cooking program is designed to introduce culinary basics while gradually "whisking" in more sophisticated and challenging culinary lessons.

9/25 - 10/30. Mondays, 6-7PM. \$149.99

Intro to Drawing

Calling all passionate doodlers and drawers! Go beyond the sketchbook with an intro class that introduces curious minds to the foundations and principles of drawing. Students will explore the 7 principles of art and 8 elements of design that expands upon the foundations of drawing! This class is recommended prior to Dare to Draw, Design and Anime, and Illustration.

9/12 - 10/17. Tuesdays, 5:15-6:15PM. \$99.99

Dare to Draw: 6 weeks

This is the perfect class for someone who wants the program level to grow with them in a semi-private drawing class! Learn to structure, sharpen and expand upon your drawing skills with personalized instruction that's tailored to support and guide you to achieve your personal best! Select from inspiring reference images and your mediums of choice: graphite, pen and ink, colored pencils, pastels or charcoal. All materials are included. No class Oct. 31.

10/24 - 12/5. Tuesdays, 6:30P-7:30P. \$99.99

Aspiring Artists: 6 weeks

3 Openings Remaining!

This is the perfect class for anyone who has considered private painting lessons! Experience the joy of art as you complete your very own polished piece of artwork within a small, personalized class. Novice or experienced, expand upon your current skills; learn the basics or grow into more advanced levels while creating a meaningful masterpiece in your medium of choice. Choose from acrylic, watercolor, oils, or pastels; our team of Artists will mentor and guide you along. The possibilities are endless as we tailor our approach to meet the comfort level and needs of each unique student! No class 11/22.

Session A: 9/12 - 10/17. Tuesdays, 4:00-5:30PM. \$199.99

Session B: 10:25 - 12/6. Wednesdays, 6:00-7:30PM. \$199.99

COMING THIS WINTER...

Please watch for information about FAMILY TRIPS to Disney on Ice and Celtics Game.

